



Contents lists available at [ScienceDirect](#)

## Primary Care Diabetes

journal homepage: <http://www.elsevier.com/locate/pcd>



## UPCOMING EVENTS



### UPCOMING EVENTS

- [IMPORTANT ANNOUNCEMENT - 16th International PCDE Conference, Barcelona](#)

Dear colleagues and partners,

After deliberation in the executive board and considering the latest insights, we have decided not to go ahead with the live conference in November 2020 in Barcelona.

The safety of our participants, travel conditions and the many risks and uncertainties still, made us decide to postpone the 16th live PCDE conference to April 2022. In spring, in Barcelona, as is our tradition for the biennial PCDE conferences. Of course the scientific programme will be different in 2022 and aligned to the developments next year.

#### WEBINARS

In 2020 and 2021 PCDE will organise a series of exciting monthly webinars on Type 2 Diabetes and COVID-19 of which the first ones took place on May 4<sup>th</sup> (video available [here](#)) and June 29<sup>th</sup> (video available [here](#)). More details about upcoming webinars will be announced shortly. We hope to meet you soon as attendees of one of our webinars.

Please check the PCDE website for last updates; [Pcdeurope.org](http://Pcdeurope.org).

On behalf of the executive board,

Assoc. Prof. Dr. Xavier Cos, chairman Prof. Dr. Pinar Topsever, vice chair

#### PCDE NEWS 2020

##### PCDE position statement

PCDE together with expert authors published a position statement on;

“A disease state approach to the pharmacological management of Type 2 diabetes in primary care”. Full manuscript available [here](#)

##### Global Views COVID-19 Survey

Coronavirus (COVID-19) is causing major disruptions to healthcare systems across the globe. The current situation has led people to mainly focus on COVID-19, with less resources available to manage those dealing with chronic diseases. We appreciate and thank healthcare professionals across the globe for their continued efforts during this difficult time. In the previous issue PCDE published an invitation to take part in a survey to evaluate the global impact COVID-19 has on care for individuals living with chronic diseases. The results are published [here](#).

#### PROJECTS WITH PARTNERS

**EASD** European Association for the Study of Diabetes

##### EASD learning platform

E-Learning platform to expand the reach of EASD's educational goal to disseminate knowledge and proficiency in diabetes research and care worldwide <https://easd-elearning.org/>.

PCDE's chair and vice chair Associate Professor Xavier Cos and Professor Pinar Topsever contributed to this programme. Associate Professor Xavier Cos shared experiences from Spain and Italy;

Primary care and COVID 19: many lessons and challenges for a new way to provide care where all, healthcare professionals and patients, must be part of the change. What impact does the COVID19 pandemic have on primary care and diabetes?

Professor Pinar Topsever; What does healthcare in the „new normal“ era look like? She explains why empowered primary care is important for outbreak-sensitive and outbreak-responsive health care systems of the future.



### ASCEND E-LEARNING PROGRAMME (CME accredited)

ASCEND (Academy for Science and Continuing Education in Diabetes and Obesity) E-learning Portal is a learning programme to support primary care physicians to improve patient outcomes through interactive knowledge- and skills-based learning.

[www.ascend-diabetes-obesity.com](http://www.ascend-diabetes-obesity.com)

This e-learning programme is endorsed by PCDE.

ASCEND is an independent learning programme developed by an international Steering Group. The objective is to provide very practical and evidence-based learning to family doctors across the world to improve outcomes for people living with diabetes or obesity. The ASCEND portal has recently relaunched and includes over 15 hours of learning designed for global primary care physicians and is accredited by EACCME. The content in the portal is highly structured, consisting of short modules which are easily navigated and enables the user to complete the course at their own pace and convenience. There are clear learning objectives in a goal-orientated approach. The content has been designed to be accessible for the learner with extensive use of visuals and reference to clinical practice. A variety of formats has been used including innovative and interactive elements that are distributed throughout the course. Not only do these encourage engagement of the user but they also facilitate learning through reiteration and active participation in tasks.



### CME training programme – a collaboration between Leicester Diabetes Centre (LDC) and Primary Care Diabetes Europe (PCDE)

Title: Positioning GLP1-RA agonist in the management of people with type 2 diabetes.

Content:

- Understand and describe the key aspects of the ADA/EASD Consensus report for management of T2DM, regarding the importance of patient centred care and the decision cycle underpinning assessment, shared decision making and on-going management and support.
- Understand the importance of both glycaemic control, but also the importance of optimising quality of life and reducing complications in the management of T2DM.
- Understand the relevant and recent cardiovascular outcome trials (CVOT's) and how they have impacted on the choice of classes of glucose lowering therapy in

patients with T2DM diabetes based on presence of ASCVD and other important co-morbidities.

- Compare and appraise the current oral and injectable treatments for glycaemic management of people with T2DM and understand the positioning of GLP-1RA's.
- Understand the availability of GLP1-RA's across the class and to understand key differences within the class.

*We are proud to introduce for all Primary Care Healthcare Professionals an exclusive 3 part CME training programme focusing on new and emerging GLP-1 RA therapy*

#### Part 1 – January 2020

Webcast with Prof. Melanie Davies, Prof. Kamlesh Khunti and Dr Sam Seidu, discussing Positioning GLP1-RA agonist in the management of people with type 2 diabetes

#### Part 2 – March 2020

Practical aspects of initiation and titrations of GLP1-RA and their combinations with other glucose lowering therapies

#### Part 3 – October 2020

Innovations in GLP-RA's

**\*\* earlybird registration available, click [here](#) to register \*\***

*Access to the webcast is FREE!  
There will be accompanying slides, MCQs and case studies to further support your Diabetes Learning and CPD*

Collaboration with Novo Nordisk, Primary Care Diabetes Europe and Leicester Diabetes Centre

#### Online educational programme endorsed by PCDE

GLP-1 Receptor Agonist (GLP-1 RA) Class: A Potential First Injectable Therapy. An interactive case-based educational tool developed to meet the needs of healthcare professionals (HCPs) who work with adults who have type 2 diabetes (T2D).

<https://glp1-pcde.forcedmed.tech>

#### ANNOUNCEMENT –Vacancy PCDE Working Group member (volunteer)

Due to expansion of our activities, PCDE is seeking new working group members.

PCDE (Primary Care Diabetes Europe) is a non-profit NGO with over 2000 members in different European countries. Our mission is to provide a focal point for primary care clinicians and their patients by promoting high standards of care for people living with diabetes throughout Europe.

Emphasis is placed on incorporating evidence based medicine into daily practice as well as promoting diabetes education and research in primary care.

PCDE is active in different fields of diabetes care :

- **Research:** within EASD as the official “Study Group of Primary Care Research in Diabetology” More information the running projects (6 in total) of the EASD -PCDE study group; <http://www.pcdeurope.org/pcde-easd-study-group/>
- **Education:** various running educational projects together with partner societies and corporate partners.
- **Conference organisation:** WONCA; Since 2010 PCDE is a Special Interest Group, and as such organises diabetes tracks within the congress.
- Annual or bi-annual stand alone conferences or together with other associations [www.pcdeurope.org](http://www.pcdeurope.org).
- Advocating diabetes at the political level by participating in the “European Coalition for Diabetes”, together with IDF-Europe, FEND and EURADIA.
- PCDE’s peer reviewed Journal ‘Primary Care Diabetes’, published by Elsevier, is indexed in Thomson Reuters SCI (2.0), Pubmed, PsycInfo and Scopus.
- The website <http://www.pcdeurope.org> is under continued development.
- PCDE is connected with other international associations such as WONCA, EURADIA, IDF, EASD, EUDF, ECD, EGPRN EPCGS, FEND PCDS, etc.

Due to expansion of our activities, PCDE is seeking new working group members.

We are looking for primary care clinicians...

- Preferably with an academic background
- Connected with a primary care association in their home country
- With a special interest in high quality diabetes care
- Available for dedicated tasks in promoting diabetes in their country and abroad
- Looking for networking across Europe

If you are interested in becoming an active member for PCDE send your CV and motivation letter to:

Ottilia Hoogeslag (operational manager)

[secretary@pcdeurope.org](mailto:secretary@pcdeurope.org)

[Ottiliahoogslag@pcdeurope.org](mailto:Ottiliahoogslag@pcdeurope.org)

**PCDE**  
primary care diabetes europe



**PCDE Secretariat:**

[www.pcdeurope.org](http://www.pcdeurope.org)

PCDE CORPORATE SUPPORT 2019/2020

PCDE Gold Members



PCDE Silver Member



Other Supporting Company

